

<b>BEFORE START</b>	
ALTIMETERS	SET / CROSS CHECKED
FUEL CONTROL VALVES	CUTOFF
AUTOSTART	ON
PARKING BRAKE	SET
PASSENGER SIGNS	ON / ON
BRIEFING	STATED
FMC	SET
TAKEOFF DATA / MCP	CHECKED AND SET
N1 / EGT AND INDICATED AIRSPEED BUGS	SET
-----CLEARED FOR START-----	
FUEL LOAD AND PUMPS	CHECKED AND SET
TRIMS	___ UNITS, ZERO AND ZERO
DOORS	CLOSED
BEACON	ON

<b>AFTER START</b>	
APU	OFF
ISOLATION VALVES	AUTO
DEMAND PUMPS	AUTO
AUTOBRAKE	RTO
ANTI ICE	AS REQUIRED
RECALL	CLEARED
GROUND EQUIPMENT	CLEARED

<b>BEFORE TAKEOFF</b>	
DEPARTURE DATA AND CLEARANCE	CONFIRMED
DEPARTURE BRIEFING	REVIEWED
FLAPS	___ UNITS
FLIGHT CONTROLS	CHECKED
STAB TRIM	___ UNITS
CABIN READY	CONFIRMED
-----CLEARED FOR TAKEOFF-----	
LIGHTS AND STROBES	ON
TCAS, CODE	ON, CODE CHECKED

<b>AFTER TAKEOFF</b>	
LANDING GEAR	UP AND OFF
FLAPS	UP
PACKS	ON
ANTI ICE	AUTO
-----TRANSITION-----	
ALTIMETERS	1013 SET AND CROSSCHECKED
EXTERNAL LIGHTING	OFF / AS REQUIRED

<b>DESCENT/APPROACH</b>	
RECALL	CHECKED
SAFETY ALTITUDE	CHECKED
MINIMA	SET
VREF	SET
PRESSURISATION	SET
AUTOBRAKES	SET
PASSENGER SIGNS	ON/ON
-----TRANSITION-----	
ALTIMETER	QNH SET AND CROSSCHECKED
EXTERNAL LIGHTING	ON / AS REQUIRED

<b>LANDING</b>	
SPEEDBRAKES	ARMED
LANDING GEAR	DOWN
CABIN	READY
MISSED APPROACH ALT	SET
FLAPS	___ UNITS

<b>AFTER LANDING</b>	
LIGHTS AND STROBES	OFF
WX RADAR	OFF
FLAPS	UP
SPEEDBRAKE	DOWN
TRANSPONDER	STANDBY
APU	ON

<b>SHUTDOWN</b>	
PARKBRAKE	SET
EXT / APU POWER	ESTABLISHED
DEMAND PUMPS	OFF
FUEL CONTROL SWITCHES	CUTOFF
PASSENGER SIGNS	ON/OFF
FUEL PUMPS	OFF
ANTI ICE	OFF
BEACON	OFF