

BEFORE START	
ALTIMETERS	SET / CROSS CHECKED
FUEL CONTROL VALVES	CUTOFF
PARKING BRAKE	SET
PASSENGER SIGNS	ON
BRIEFING	STATED
FMC	SET
TAKEOFF DATA / MCP	CHECKED AND SET
AIRSPD BUGS	SET
-----CLEARED FOR START-----	
FUEL LOAD AND PUMPS	CHECKED AND SET
PACKS	OFF
TRIMS	___ UNITS, ZERO AND ZERO
DOORS	CLOSED
BEACON	ON

AFTER START	
APU	OFF
ISOLATION VALVES	CLOSED
DEMAND PUMPS	AUTO
AUTOBRAKE	RTO
ANTI ICE	AS REQUIRED
AFT CARGO HEAT	ON
PACKS	ON
RECALL	CLEARED
GROUND EQUIPMENT	CLEARED

BEFORE TAKEOFF	
DEPARTURE DATA AND CLEARANCE	CONFIRMED
DEPARTURE BRIEFING	REVIEWED
FLAPS	___ UNITS
FLIGHT CONTROLS	CHECKED
STAB TRIM	___ UNITS
CABIN READY	CONFIRMED
-----CLEARED FOR TAKE OFF-----	
LIGHTS AND STROBES	ON
TCAS, CODE	ON, CODE CHECKED

AFTER TAKEOFF	
LANDING GEAR	UP AND OFF
FLAPS	UP
PACKS	ON
ANTI ICE	AS REQUIRED
-----TRANSITION-----	
ALITMETERS	1013 SET AND CROSSCHECKED
EXTERNAL LIGHTING	OFF / AS REQUIRED

DESCENT/APPROACH	
RECALL	CHECKED
SAFETY ALTITUDE	CHECKED
MINIMA	SET
VREF	SET
PRESSURISATION	SET
AUTOBRAKES	SET
PASSENGER SIGNS	ON/ON
-----TRANSITION-----	
ALITMETERS	QNH SET AND CROSSCHECKED
EXTERNAL LIGHTING	ON / AS REQUIRED

LANDING	
SPEEDBRAKES	ARMED
LANDING GEAR	DOWN
CABIN	READY
MISSED APPROACH ALT	SET
FLAPS	___ UNITS

AFTER LANDING	
LIGHTS AND STROBES	OFF
WX RADAR	OFF
FLAPS	UP
SPEEDBRAKE	DOWN
TRANSPONDER	STANDBY
APU	ON

SHUTDOWN	
PARKBRAKE	SET
EXT / APU POWER	ESTABLISHED
ISOLATION VALVES	OPEN
DEMAND PUMPS	OFF
FUEL CONTROL SWITCHES	CUTOFF
PASSENGER SIGNS	ON/OFF
FUEL PUMPS	OFF
ANTI ICE	OFF
BEACON	OFF